

- Operate machinery or do anything requiring skill or judgement, including cooking
- Make important decisions or sign any documents.

## When can I return to work?

You can usually return to work the same day if the procedure has been carried out under local anaesthetic. If you have had sedation or a general anaesthetic you will require a day or two off work.

## Follow-up appointment

If a follow-up appointment is needed you will be able to make this before you leave the clinic. This will be to check that everything is healing well and to let you know the result of the microscope test.

You may have been offered the option to receive your results by post. If so you will have also received a letter with specific details before you leave the clinic.

## Contact information

If you have any questions or concerns, please contact the oral and maxillofacial surgery department.

## Outpatient booking queries

Tel: 0300 422 8191

Tel: 0300 422 6940

(9:00am to 4:30pm, Monday to Friday)

## Inpatient and day surgery booking queries

Tel: 0300 422 8192

(9:00am to 4:30pm, Monday to Friday)

## Post-operative concerns

Please contact the Hospital switchboard on Tel: **0300 422 2222** and ask for the “operator” when prompted. When the operator responds, please ask to be put through to the “on-call senior house officer for Oral & Maxillofacial Surgery”.

## Website

For further information, please visit the Oral & Maxillofacial Surgery webpage: [www.gloshospitals.nhs.uk/glosmaxfax](http://www.gloshospitals.nhs.uk/glosmaxfax)

## Feedback

We would welcome your feedback regarding your treatment. Please visit the comments section on NHS choices ([www.nhs.uk](http://www.nhs.uk)).

Feedback can also be left on the Gloucestershire Hospitals twitter account: [@gloshospitals](https://twitter.com/gloshospitals)

# Advice for patients having a mouth or facial biopsy



## Introduction

The purpose of this leaflet is to explain the procedure and answer some commonly asked questions. If you have any further questions, please contact the oral and maxillofacial department using the contact information provided at the end of this leaflet.

## What is a mouth or facial biopsy?

A biopsy is the name for the procedure to remove a small piece of skin on your face or a small piece of the lining of your mouth.

The piece we remove is sent to our pathologists for examination under the microscope so that we can make a correct diagnosis.

The abnormal tissue we are sampling is called the lesion.

You will have been told during your visit whether we intend to remove the whole lesion or just a small piece of it.

## Why do I need a biopsy?

Your dentist or doctor has sent you to see us for a second opinion, to try and find out what this lesion is and what treatment, if any, is required.

Many lesions in the mouth and face look similar, so it is important to know the

exact nature of the lesion so that we can tailor treatment to your exact needs.

## How long will the biopsy take?

The procedure should take approximately 20 minutes but it may take slightly longer.

## How will the procedure be carried out?

Usually the procedure is carried out under local anaesthetic (i.e. a small injection in the mouth or face to numb the area) in our outpatient clinic.

It may be necessary to carry out the procedure with you sedated or under a general anaesthetic in the main hospital. If this is the case, this will have been discussed with you during your initial consultation.

## What should I expect afterwards?

### Discomfort

You are likely to feel some discomfort but this is easily dealt with by taking pain relief. Ibuprofen or paracetamol taken regularly are generally all that is needed to feel more comfortable.

**Always read the label for directions especially if you take other medicines or if you have been given prescription pain relief.**

## Swelling and bruising

Again, this is to be expected at the operation site but is usually mild. The swelling will probably be at its most noticeable one to two days after the operation.

## Stitches

We usually use dissolvable stitches. If not, you will be given a letter on discharge from the clinic or ward with an appointment in our clinic to have the stitches removed. Alternatively, you may be asked to see the practice nurse at your doctor's surgery to have the stitches removed. If so, a letter will be given to you to take to the nurse.

## Will I be given instructions afterwards?

Following the procedure you will be given information on aftercare.

## Going home

If you have had a local anaesthetic you will be able to return home straight after your appointment. If you have had a general anaesthetic or sedation, it is essential that someone takes you home and that there is a responsible adult to stay with you for 24 hours. For this period of time you should **not**:

- Drive a car, motorbike or ride a bicycle
- Drink alcohol