

Patient Details

ULCER SEVERITY SCORE (USS) Recurrent Aphthous Stomatitis



Guy's and St Thomas' **NHS**
NHS Foundation Trust

Department of Oral Medicine

Date:

Visit number :

Diagnosis:

First visit to the department: Yes No

Patient on medication for RAS Yes No

Name of RAS medication:

Duration on medication:

Size		Ulcer Characteristics	Score	Description of USS
2mm ○	Average Size of ulcers (in mm)			Score = average size of ulcers in mm Maximum score = 20
3mm ○	Average Number of ulcers			Score = average number of ulcers in a crop Maximum score = 20
4mm ○	Average Duration of ulcers			Score = number of ½ weeks i.e. Half week (3 days) scores 1, one and a half week (10 days) scores 3. Maximum score = 10
6mm ○	Ulcer-free period (in weeks)			Score = 10 minus the average ulcer-free period in weeks Maximum score = 10 (never free from ulcers)
8mm ○	Pain as perceived by the patient (on a scale of 0-10)			1 for slight discomfort when ulcers are present 10 for excruciating ulcers interfering with eating and talking Maximum score = 10
10mm ○	Mucosal site	Group 1 Labial mucosa Buccal mucosa Buccal Sulcus Soft palate		Score = total of sites affected 1 for each site in group 1 (non-keratinised Mucosa) 2 for each site in group 2 (keratinised, specialised or oropharynx)
12mm ○		Ventral of tongue Lateral of tongue Floor of mouth Group 2 Hard palate Attached gingiva Alveolar ridge Dorsum of tongue Tonsils Pillars of fauces Uvula		Maximum score = 10

Total USS

Evident of scarring Yes No

Physician signature

Grade