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Unusual complications associated with third molar surgery: A systematic review

Hans Ulrich Brauer, Dr Med Dent, DipBA, MA¹

Objective: Third molar removal is a frequent surgical procedure. Common complications associated with third molar surgery are well-recognized and frequently explained to patients during the process of informed consent. The general dental practitioner, as well as the oral and maxillofacial surgeon, must be familiar with all possible complications. This systematic review serves as a reminder of the unusual complications of this routine procedure. **Method and Materials:** Studies were located using systematic searches in Medline and the Cochrane Library electronic databases, as well as hand searching of key texts, references, and reviews relevant to the field. Key words included *third molar, wisdom tooth, complications, unusual, and rare*. References from the relevant articles were also double-checked. The review was limited to English- and German-language articles published within the last 18 years. **Results:** Frequently detected, well-known complications are permanent nerve damage and immediate or late mandibular fractures. Twenty-four other complications were identified in 22 articles. Among these complications were inflammatory processes, abscess formation, and displacement of teeth and instruments. Single case reports describe asphyxial death after postextraction hematoma, life-threatening hemorrhage, brain abscess, epidural abscess, benign paroxysmal positional vertigo, subcutaneous and tissue space emphysema, subdural empyema, and herpes zoster syndrome. **Conclusion:** To achieve good patient care, it is necessary to realize the variety of possible complications. Rare complications must be recognized early so that adequate therapy can be immediately ensured. (*Quintessence Int 2009;40:565–572*)

Key words: adverse effects, complications, extraction, rare, removal, third molar, unusual, wisdom tooth

Third molar surgery is one of the most common procedures performed in oral and maxillofacial surgery practices.^{1–6} Nevertheless, third molar removal requires accurate planning and surgical skills. As we know from surgical procedures in general, complications can always arise. In the literature, the frequency of complication after third molar removal is between 2.6% and 30.9%.¹ The spectrum of

complications ranges from harmless adverse effects (pain and swelling) to nerve damage, mandibular fracture, and life-threatening infections. Minor complications are generally defined as those that can resolve without further treatment. Major complications can be defined as those that need further treatment and may result in irreversible consequences.^{5,6}

Although impacted third molars may remain symptom-free indefinitely, it is highly probable that they may be the cause of one or more problems.⁷ Preoperative minor complications are pain, pericoronitis, development of periodontal disease on the second molar, crown or root resorption of second molar, caries in third or second molars, symptoms of temporomandibular joint disorder,

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Table 1 Common intra- and postoperative complications and adverse effects associated with third molar removal ^{3-5,8-13,15}		
	Minor complications	Major complications
Intraoperative	<ul style="list-style-type: none"> • Bleeding • Buccal fat pad herniation • Incomplete root removal • Oroantral communication • Root fracture • Second molar restoration damage 	<ul style="list-style-type: none"> • Alveolar bone fracture • Oroantral communication • Excessive bleeding or hemorrhage • Maxillary tuberosity fracture • Transient inferior alveolar nerve damage
Postoperative	<ul style="list-style-type: none"> • Alveolar osteitis • Bleeding • Pain • Swelling • Trismus 	<ul style="list-style-type: none"> • Abscess formation/osteomyelitis • Excessive bleeding or hemorrhage • Secondary infection • Chronic fistula associated with oroantral communication

Table 2 Summary of unusual complications associated with third molar surgery	
	Complications
Intraoperative	<ul style="list-style-type: none"> • Displacement of instrument • Displacement of tooth or root fragment • Immediate mandibular fracture
Postoperative	<ul style="list-style-type: none"> • Abscess of the orbit; subperiosteal abscess of the orbit • Asphyxial death caused by postextraction hematoma • Brain abscess • Epidural abscess • Emphysema • Herpes zoster syndrome • Inflammatory infiltration • Late mandibular fracture • Life-threatening hemorrhage • Lingual nerve damage • Paroxysmal vertigo • Permanent inferior alveolar nerve damage • Pneumothorax • Subdural empyema

and preoperative swelling.² Major complications in this case are abscess formation, spontaneous fracture of the mandible, and odontogenic cysts or tumors.² The most frequent preoperative problem is pericoronitis. Numerous recent studies have tried to identify risk factors for intra- and/or postoperative complications.^{1,5,6,8-15} Common intra- and postoperative complications and adverse effects associated with third molar removal are summarized in Table 1. The general dental practitioner, as well as the oral and max-

illofacial surgeon, must be familiar with all possible complications. On the one hand, it is helpful for patient education and information; on the other, unusual complications need to be recognized early to ensure adequate therapy.

In this study, complications are considered rare or unusual if the incidence is commonly quoted less than 1%. The aim of this systematic review is to remind practitioners of the unusual complications associated with third molar surgery.

METHOD AND MATERIALS

Studies were found using systematic searches in Medline and the Cochrane Library electronic databases between 1990 and 2008. Additionally, a hand search of key texts, references, and reviews relevant to the field was performed. Key words included *third molar*, *wisdom tooth*, *complications*, *unusual*, and *rare*.

Data were included if the following criteria were met:

1. The study had to deal with intra- or post-operative complications associated with the removal of third molars.
2. The date of publication had to be between 1990 and 2008.
3. The text had to be published in English or German.

To gather all relevant studies, the references from the found studies were double-checked.

RESULTS

Many studies were found about permanent inferior alveolar and lingual nerve injuries and mandibular fractures during and after mandibular third molar removal. Twenty-three articles described complications different from the above-mentioned rare but well-known events. Among these complications were inflammatory processes, unusual abscess formations, and displacement of teeth. An overview is shown in Table 2. All of these complications are considered major.

Furthermore, single case reports describe extreme events: asphyxial death caused by postextraction hematoma, life-threatening hemorrhage, benign paroxysmal positional vertigo, subcutaneous and tissue space emphysema, subdural empyema, and herpes zoster syndrome. The reviewed case reports are presented in Table 3.

The mean patient age among the 24 cases was 28 (SD 12.8) years. In most cases, the complication occurred after mandibular third molar removal. A second

surgical intervention was needed in nearly all cases. To find the cause of the complication, computed tomography (CT) or magnetic resonance imaging (MRI) was needed in all cases. In most cases, the first surgical procedure was described as complicated, and the intervention was reported as extensive or lengthy.

DISCUSSION

Permanent nerve damage

Permanent inferior alveolar or lingual nerve damage is extremely rare but a well-known risk associated with third molar surgery. Injury of the lingual or inferior alveolar nerve during removal of mandibular third molars is among the most common causes of litigation in dentistry.¹⁶ A close anatomic relationship between these nerves and the third molar places them at risk for damage. The incidences of these extremely rare complications vary among the studies and are difficult to determine exactly because of the small study populations. The incidence of permanent inferior alveolar nerve lesions ranges from 0%^{17,18} to 0.9%¹⁹; the usual accepted rate is about 0.3%.^{20,21} The complication rate for temporary lingual nerve damage is around 0.4%,²² and for permanent lingual nerve damage, it is even lower.^{2,20}

Mandibular fracture

Immediate or late fracture of the mandible is a rare but major complication.²³ It occurs when the bone is not strong enough to withstand the forces acting on it. The reduction of bone strength may be caused by physiologic atrophy, osteoporosis, or pathologic processes, or it can be secondary to surgical intervention.²⁴ There is no valid data on the incidence, and the risk factors are not clearly understood.²⁴ Libersa et al found an incidence of 0.0049%.²⁵ In a study by Arrigoni and Lambrecht in which 3,980 third molar removals were analyzed,⁸ a complication rate of about 0.29% was detected. The peak incidence occurs in patients over 25 years of age, with a mean of 40 years.²⁴⁻²⁶ Because of the greater masticatory force, men may

Table 3 Reviewed single-event case reports of unusual third molar complications

Study	Tooth no.*	Complication	Gender/age	Therapy
Munoz-Guerra et al ²⁷	28	Subperiosteal abscess of the orbit	M/57	Intravenous treatment with antibiotics, surgical drainage
Ramchandani et al ²⁸	18, 28, 38, 48	Subdural empyema, herpes zoster syndrome	M/21	Antibiotics, bur-hole craniotomy, subdural drainage
Burgess ²⁹	NA	Epidural abscess	F/20	Intravenous antibiotics, neurosurgical drainage
Revol et al ³⁰	48	Brain abscess	M/26	Antibiotics, neurosurgery
De Biase et al ³¹	38	Displacement of root in the lingual soft tissue	M/20	Removal
Yalcin et al ³³	48	Displacement of handpiece bur	F/35	Removal, antibiotics
Durmus et al ³⁴	28	Displacement of tooth in the posterior part of the maxillary sinus	M/17	Removal
Durmus et al ³⁴	38	Displacement of tooth in the lingual area of the mandible	F/32	Removal
Huang et al ³⁵	48	Displacement of root fragment in the pterygomandibular space	M/28	Removal
Dimitrakopoulos and Papadakis ³⁶	28	Displacement of tooth in the infratemporal fossa	F/46	Removal
Ozyuvaci et al ³⁷	48	Displacement of tooth in the submandibular region	M/29	Removal
Koseglu et al ³⁸	48	Displacement of tooth in the sublingual space	F/34	Removal
Pippi and Perfetti ³⁹	38	Displacement in the sublingual space	M/28	Removal
Tumuluri and Punnia-Moorthy ⁴⁰	48	Displacement of root fragment in the pterygomandibular space	F/28	Removal
Esen et al ⁴¹	38	Displacement of tooth in the lateral pharyngeal space	F/24	Tonsillectomy, removal, drainage
Ertas et al ⁴²	38	Displacement of tooth in the lateral pharyngeal space	F/28	Removal
Gay-Escoda et al ⁴³	48	Displacement of tooth in the lateral cervical position	M/34	Removal
Moghadam and Caminiti ⁴⁴	18, 38, 48	Life-threatening hemorrhage	M/32	Intubation, intensive care unit
Funayama et al ⁴⁵	48	Asphyxial death caused by postextraction hematoma	M/71	–
Sekine et al ⁴⁶	38	Pneumothorax	M/45	Thoracic drainage, antibiotics
Wakoh et al ⁴⁷	48	Emphysema	F/24	Antibiotics
Wakoh et al ⁴⁷	38	Emphysema	F/26	NA
Capes et al ⁴⁸	38, 48	Bilateral cervicofacial, axillary, and anterior mediastinal subcutaneous emphysema	F/14	Analgesics
D'Ascasio et al ⁴⁹	18, 28, 38, 48	Benign paroxysmal positional vertigo	F/28	NA

(M) Male; (F) female; (NA) not applicable.
 *Universal(FDI): 1(18), 16(28), 17(38), 32(48).

be more likely to have late fractures.²⁵ Intraoperative fractures may occur with improper instrumentation and excessive force to the bone. Most late fractures

occur during mastication 13 and 21 days after surgery. During this period, granulation tissue is replaced by connective tissue in the alveolar socket.²⁵



Unusual inflammatory processes and abscess formation

In the reviewed case reports, extensions of the inflammatory processes to atypical regions of the brain and cervical region are shown. In 1 case, a subperiosteal abscess of the orbit appeared in a 57-year-old man following the uneventful extraction of the maxillary left third molar²⁷; it might have been caused by extension of the infection via the pterygopalatine and infratemporal regions to the inferior orbital fissure. Another article presented the case of a subdural empyema and herpes zoster syndrome (Hunt syndrome).²⁸ In this case, a 21-year-old man had all 4 third molars removed. An abscess involving the right pterygomandibular and submasseteric spaces and extending to the infratemporal fossa was found. Although antibiotic therapy and drainage were initiated, he developed severe frontal headache and vomiting with a Glasgow coma score of 13. MRI showed a subdural collection in the right temporoparietal region. He had emergency craniotomy and subdural drainage.²⁸

Burgess reported a case of epidural abscess of a 20-year-old woman after extraction of a third molar.²⁹ First she was diagnosed with a musculoskeletal neck sprain resulting from posture during the operation. Three days later, the patient presented with increased neck pain on the right side and sensational numbness in the right arm. Nine days after surgery an epidural abscess to the right of C4/C5 vertebrae appeared in the MRI.²⁹ In another case a brain abscess developed after removal of the mandibular right third molar in a 26-year-old man. He needed emergency neurosurgery and antibiotic treatment for 8 weeks.³⁰

Displacement of third molars and instruments

Accidental displacement of impacted third molars, either a root fragment, the crown, or the entire tooth, is not common during extraction, but is nevertheless a well-recognized, frequently mentioned complication.³¹⁻³³ Information about its incidence and management is limited. It usually occurs when the

tooth is located lingually, the lingual cortical plate is fenestrated, and if surgical technique is inadequate.³² When a root fragment “disappears” during extraction, its retrieval should not be attempted. Immediate referral to a specialist should be arranged.^{34,35}

Another possibility of maxillary third molar displacement is luxation into the infratemporal fossa.³⁶ Further reports describe third molar displacement into the submandibular space,^{33,36} sublingual space,^{38,39} pterygomandibular space,^{35,40} lateral pharyngeal space,^{41,42} or lateral cervical area. In 1 case, the symptoms started after 2 months. The patient experienced recurrent inflammatory swelling in the right submaxillary space. For 14 months, the same clinician supervised treatment with antibiotics. After extensive imaging procedures and surgery, the tooth was found beneath the platysma muscle.⁴³

One report was found on foreign bodies. A 35-year-old woman had severe trismus, swelling, and pain 3 weeks after removal of the mandibular right third molar. A 20-mm diamond bur was found in the submandibular space.³³

Further unusual complications

Airway compromise was described by Moghadam and Caminiti.⁴⁴ A 32-year-old man experienced swelling of the soft palate due to postextraction hemorrhage after extraction of the maxillary right and both mandibular third molars at his clinician's office on the same day. CT revealed a hematoma in the submandibular and lateral pharyngeal spaces that resulted in deviation of the oropharynx and constriction of the airway at the level of the oropharynx. The patient was intubated for 2 days and treated with antibiotics and high-dose steroids.⁴⁴

There is 1 report of death resulting from asphyxiation caused by a postextraction hematoma in a 71-year-old man. Respiratory arrest occurred 12 hours after treatment. The hematoma involved the submandibular, lingual, and buccal spaces leading to severe narrowing of the oropharynx.⁴⁵

The algorithm for management of acute intraoral hemorrhage reminds clinicians that severe intraoperative or postoperative hemorrhage is one of the few life-threatening

complications for which a clinician may have to initiate management.⁴⁴ The involvement of the airway down to the lung was shown in a few cases, one with a bilateral pneumothorax after removal of the mandibular left third molar in a 45-year-old man. Furthermore, there were 3 cases of emphysema. In 2 of these cases, an air-turbine dental handpiece was used.^{46–48} Benign positional paroxysmal vertigo was described in 1 case after the removal of all third molar teeth.⁴⁹ Recognition of mediastinal emphysema following surgical extraction is difficult because there are no absolute clinical symptoms and signs.^{47,48}

Age

Although third molar surgery is a common procedure, it might not be so straightforward after all. Although third molars are frequently considered for removal in teenagers and young adults, most reported cases with severe complications occur if removal takes place later in life. This age-related trend has often been described as a risk factor for post-extraction complications.^{1,3,9,15} Factors that have been suggested to explain this phenomenon are increased bone density, higher surgical difficulty, complete formation of the root, and reduced capacity for subsequent wound healing.^{1,9} For this reason, clinicians need to be especially cautious with elderly patients.

CONCLUSION

Removal of mandibular third molars is associated with a higher rate of complication compared to the maxillary jaw. Elderly patients are at an especially high risk. To determine a diagnosis and initiate further treatment, radiologic imaging via CT or MRI is often needed. It is important to realize the variety of possible severe complications and initiate immediate treatment to secure optimal patient care.

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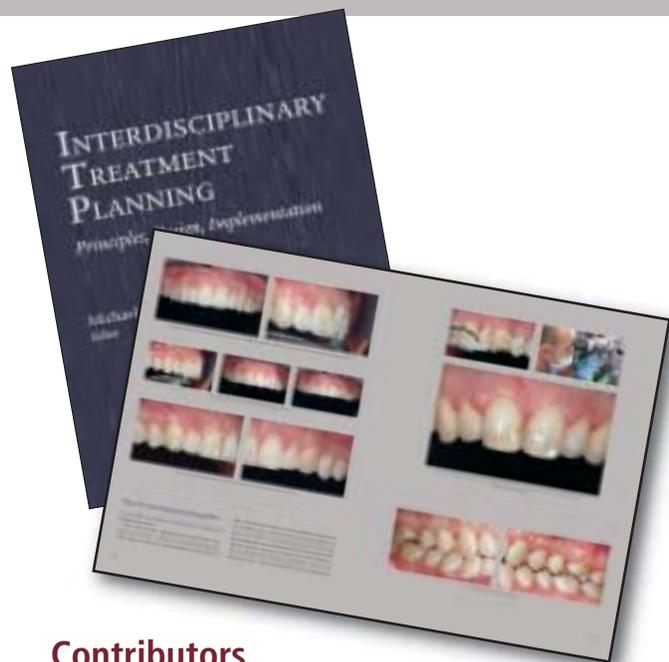
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